

# IESTC

International Educational  
Course-Training for Cosmetologists

**14-17 ИЮНЯ 2019**

САНКТ-ПЕТЕРБУРГ

**IX МЕЖДУНАРОДНЫЙ**  
ОБУЧАЮЩИЙ КУРС-ТРЕНИНГ ДЛЯ КОСМЕТОЛОГОВ  
ПО НЕХИРУРГИЧЕСКИМ МЕТОДАМ ОМОЛОЖЕНИЯ

## **SCIENCE PROGRAMME**

*(the program may be amended)*

**June 14, FRIDAY**

**Hall BLUE 4**

*Entrance with the badges of "Full Package" category*

7.00 REGISTRATION OF PARTICIPANTS

### **8.30-10.15 Mesotherapy.**

**Moderator: Parsagashvili E.Z.**

8.30-8.45 Mesotherapy - the basis of youthful skin. Kalenova N.E.

8.45-9.00 Topic to be specified. Lyashenko (PHYTOGEN)

9.00-9.20 Results of clinical effectiveness of prolonged new generation biorevitalizants Revi. Korolkova T.N. (CLS)

9.20-9.40 Aesthetic deficiencies of the periorbital zone and methods for their correction. Zaeva K.A. (Mesopharm)

9.40-10.00 Lifting and shine - is it possible to get it after one procedure? Turkevich A.Yu. (Nickol)

10.00-10.15 Photo/chrono aging. Possibilities of injection biorevitalization. Ivkin V.V. (Innovation)

### **10.15-12.00 "Anti-age" - what has changed Part 1**

**Moderator: Korolkova T.N.**

10.15-10.30 Photoprotection. Something went wrong? Prokopov A.Yu.

10.30-10.45 After the glamour. Initsky A.N.

10.45-11.00 Sexuality, gender and age. Proschaev K.I.

11.00-11.15 Green proage. Startseva O.N.

11.15-11.30 Neuroimmunoendocrinology of the skin: signaling molecules and anti-aging. Modern paradigms. Kvetnoy I.M.

11.30-11.45 Youth code or collagen revolution. Protocols for layer-by-layer restructuring of soft tissues. Kanzha E.A. (Academy of Aesthetics)

11.45-12.00 The use of polyhydroxy acids to increase the effectiveness of anti-age therapy in patients with sensitive skin. Bondareva M.M. (Academy of Aesthetics)

12.00-12.15 Coffee break

## **12.15-14.10 Cosmetology 2019. Trends from companies - not only commerce**

**Moderator: Goltsova E.N.**

12.15-12.35 The science of skin healing according to the system of Dr. Zein Obaji. Melnikova S.A. (Maruga)

12.35-12.50 Modern ideas about the correction of age-related facial changes. European and Russian trends. Izmailova I.V.

12.50-13.10 Tired look: correction of dark circles and bags under the eyes. Mashkina A.S. (Hyalual)

13.10-13.30 Topic to be specified. Asher B. (Vivasi)

13.30-13.50 Volumetric technology. Shirshakova M. (Mertz)

13.50-14.10 Fractional microneedle RF rejuvenation in combination with fractional CO2 laser. The optimal parameters of the procedure. Chernysh N.V. (ICG)

14.10-15.00 Lunch

## **15.00-16.00 Cosmetology and age: when to start, when to stop.**

**Moderator: Shirshakova M.A.**

15.00-15.12 Presentation of the project "Mother and daughter, when to start. Gubanova E.I.

15.12-15.21 Timely prevention of aging in patients with CTD. Sokolova D.S.

15.21-15.30 Pro-age as a lifestyle. Leontiev V.A.

15.30-15.40 Connective tissue and mitochondrial insufficiency. Lysikova V.A.

15.40-15.50 Features of the correction of age-related changes in women of elegant age (50+).

Shushkovich T.S.

15.50-16.00 Volumetric modeling of a young and old patient. Chakhoyan L.R.

## **16.00-17.45 "Anti-age" - what has changed Part 2.**

**Moderator: Baranova E.V.**

16.00-16.20 Modern vision of anti-aging medicine: key features, secrets and traps. Baranova E.V.

16.20-16.40 Quantum side of health. Okinarena E.

16.40-16.55 From practice to theory and back: mechanism for the implementation of anti-age effects of Melsmon therapy. Silantjeva E.S. (Vitanta)

16.55-17.15 Beautification and rejuvenation in small volumes: true or myth? Rowatti P. (Mertz)

17.15-17.30 Cosmetology as an innovative method of biorevitalization and restructuring of the skin.

Roberti A.R. (DEKA)

17.30-17.45 Combined methods in the service of a cosmetologist: long-term approach to patient care - Volite skin quality, Vycross® innovations, hardware techniques. Razumovskaya E.A. (Allergan)

17.45-18.00 Coffee break

## **18.00-19.30 Non-standard problems - non-standard solutions. Clinical cases.**

**Moderators: Bochkova N.V. Larkina S.A.**

18.00-18.20 The possibility of using hardware cosmetology when dealing with adverse events after drugs based on calcium hydroxyapatite and biopolymer gel. Zhukova O.G., Golotina E.

18.20-18.30 Non-standard solutions in the treatment of post-burn scars. Clinical case. Bochkova N.V.

18.30-18.40 Oxygen, as a non-standard method for the treatment of acute headaches after botulinum toxin injection. Khaitun A.A.

18.30-18.40 Correction of atypical hypertonus of the masticatory muscles in complex orthodontic treatment. Suna R.K.

18.40-18.55 Possibilities of PDT in thread practice. Clinical case. Amin Z.P.

18.55-19.10 Non-standard solution of the problem of excess skin of the hernial sacs and molars using low-temperature plasma. Turkevich A.Yu., Vanenkova O.

19.10-19.20 Non-standard approaches in the correction of asymmetric lips. Clinical case. Larkina S.A.

19.20-19.30 Questions and Answers

**June 14, FRIDAY**

**Hall BLUE 5**

*Entrance with the badges of "Full Package" category*

**9.30-11.30 Tumor and pretumor lesions of the skin. Dermatoscopy and not only.**

**Moderators: Gaidash N.V., Khrustalev M.I.**

9.30-9.50 Dermato-oncology - 2019. Gaidash N.V.

9.50-10.10 All shades of pink in the practice of a cosmetologist. Tolstikhina N.B.

10.10-10.30 Early diagnosis of skin tumors, cases of complex differential diagnosis of melanocytic skin tumors, the use of non-invasive diagnostic methods (dermatoscopy, spectrophotometric intradermal analysis, confocal laser scanning microscopy). Sokolova A.V.

10.30-10.50 Problems of evaluating the effectiveness of cosmetic procedures. Modern methods of digital visualization, as an evidence base in cosmetology. Baranova E.L. (Premium Aesthetics)

10.50-11.10 Dermatoscopy in the diagnosis of vulvar diseases. Oganesyanyan M.V.

11.10-11.30 Underwater stones in oncodermatology. Khrustalev M.I.

11.30-12.00 Coffee break

**12.00-14.00 The skin is our everything or everything about the skin.**

**Moderator:**

12.00-12.20 Protocols for the application of cold plasma in combination with redermalization.

Astrakhantseva L.N. (Hyalual)

12.20-12.40 Features of the correction of hyperpigmentation in patients with the 3rd Fitzpatrick phototype. Nekrasova S.V.

12.40-13.00 The possibilities of treatment of complex dermatological problems by a cosmetologist. Experience Evidence-Based Medicine. Darbanova E.M.

13.00-13.20 Topic to be specified..

13.20-13.40 An integrated approach to patient management. Integrated care: invasive procedures in combination with professional SkinCeuticals products. Razumovskaya E.A. (SkinCeuticals)

13.40-14.00 Topic to be specified.

14.00-15.00 Lunch

**15.00-16.40 Correction of the intimate area: at the confluence of specialties. Gynecology and injection methods.**

**Moderators: Apolikhina I.A., Goltsova E.N.**

15.00-15.30 Effective and safe methods in aesthetic gynecology, time-tested. Apolikhina I.A.

15.30-15.50 Minimally invasive surgical technologies in aesthetic gynecology. Piskunova E.V.

15.50-16.10 Aesthetic correction of the intimate area - the role of a dermatovenerologist and the competence of a cosmetologist. Saibel A.V.

16.10-16.30 Innovative non-ablative RF technology for the correction of age-related changes in the intimate area. Teterina T.A., Apolikhina I.A.

16.30-16.40 Discussion. Questions with Answers

16.40-17.00 Coffee break

**17.00-18.40 Correction of the intimate area: at the confluence of specialties. Gynecology and hardware methods.**

**Moderators: Silantyeva E.S., Gaidash N.V.**

17.00-17.20 Evolution of hardware methods of "vaginal narrowing": anatomical realities and myth-making. Silantyeva E.S.

17.20-17.35 Triple blow to vulvo-vaginal atrophy: three hormones, three energy-based technologies and three types of injections. Orazov M.R.

17.35-17.50 Treatment of pigmentation associated with reproduction, by combining laser and injection therapy. Kolomiytseva, E.A.  
17.50-18.05 New in labioplasty: combination of multiple laser techniques for best results. Ganushchak A.V., Goncharenko V.N., Benyuk V.A.  
18.05-18.20 The new general on the front of the struggle for intimate health - radiofrequency therapy. Astafieva E.K. (BTL)  
18.20-18.35 Contraversion of the “point G” in aesthetic gynecology. Orazov M.R.  
18.35-18.40 Discussion

**June 14, FRIDAY**  
**Hall GREEN 9**  
*Free entry for all categories of badges*

**8.30-10.30 Legal educational program for a cosmetologist. Documents without which there is no way...**

**Author and presenter: Moskvicheva E.V.**

**10.30-11.30 Promotion of a personal brand of aesthetic medicine doctor in social networks. How to attract primary patients?**

**Author and presenter: Avramenko A.G.**

11.30-12.00 Coffee break

**12.00-14.00 Unhappy patient in the clinic of aesthetic medicine: common mistakes leading to the development of conflict. Round table discussion.**

**Moderator: Zinovyeva O.V.**

12.00-12.30 Effective algorithm of the clinic's legal success in conflict with the patient. Medvedskaya A.

12.30-13.00 The legal value of the patient's subjective wishes in aesthetic medicine. Kuprin P., Zinovyeva O.

13.00-13.30 Plastic surgery and the Criminal Code: trends of the latest legal landscape. Zinovyeva O.

13.30-13.45 Impostors in aesthetic medicine: what happens and how to fight it.

13.45-14.00 Discussion

14.00-15.00 Lunch

**15.00-17.00 Methods of regenerative medicine in cosmetology.**

**Moderators: Zorin V.L., Zorina A.I.**

15.00-15.20 Dermal fibroblasts and their role in skin aging. Zorina A.I.

15.20-15.40 SPRS-therapy and skin profile. Zorina A.I.

15.40-16.00 PRP-therapy and stromal vascular cell fraction. Zorin V.L.

16.00-16.20 Laser technology and PRP in the correction of skin defects. Chebotareva Yu.Yu.

16.20-16.40 Combinations of methods. Zorina A.I.

16.40-17.00 Comprehensive treatment of complex scarring of the skin. Kogan L.

**June 14, FRIDAY**  
**Hall GREEN 5-6-7**  
*Free entry for all categories of badges*

**15.00-17.00 Aesthetic medicine in the service of health: not only of beauty.**

**Moderator: Turkevich A.Yu.**

15.00-15.15 Threads as a way to rehabilitate the effects of the facial nerve paresis. Gulyaev I.  
15.15-15.30 Prevention of age-related changes in the cervical thoracic region with the help of BTA. Larkina S.  
15.30-15.45 Combined aesthetic correction in the facial nerve pathology. Dynamic face asymmetry. Surovykh S.  
15.45-16.00 Aesthetic possibilities of correcting the acne after-effects. Lekomtseva M.  
16.00-16.15 How to prevent medical complications during aesthetic procedures. Turkevich A.  
16.15-16.30 Face symmetrization after removal of soft tissue neoplasms. Mikhailova O., Kobaladze N.  
16.30-16.45 Features of aesthetic correction of cancer patients. Reznik A.  
16.45-17.00 MTS Medical Microneedling System with mesotherapy complex as an optimal tool in successfully solving the problems of skin health, restoring beauty and youth. Golovkina Yu.V. (Corneal)

## **June 15, SATURDAY BLUE 4-5**

*Entrance with the badges of "Full Package" category*

### **8.30-10.00 Cosmetology 2019. Trends from companies - not only commerce Moderators to be specified.**

8.30-8.45 New system of non-invasive remodeling of the dermis, based on TCA salts or modified TCA. Korneyev R.V. (Armoric)  
8.45-9.00 Enzyme therapy - restoring the cellular balance of the skin. Mukhina T.V. (DMK)  
9.00-9.15 Perfluoro compounds in aesthetic medicine. Korneyev R.V. (Armoric)  
9.15-9.30 The limit on isoosmolarity or biorevitalization without borders? Concentration of HA and dermal hydrobalance with the use of HYALURONICA preparations (France). Moiseeva T. (Amedis)  
9.30-9.45 AminoLift: synchronization of the binding effects of different types of hyaluronic acid and amino acids. Chernysheva M.P. (Vallex M)  
9.45-10.00 Preparation of the face for the surgery. Romashkina A.S. (Hyalual)  
(or Redermalization as a tool for solving dermatological problems of the patient: rosacea, acne, atopic dermatitis)

### **10.00-11.30 Symposium of the Phitogen company**

Creating a harmonious image of a complex patient. Therapy and correction. General and particular. Presenters: Julia Lyashenko (St. Petersburg), Marina Plotkina (Ekaterinburg)

11.30-12.00 BREAK

### **12.00-13.30 Symposium of the MERZ Company**

Unique combinations for unique patients

13.30-14.00 BREAK

### **14.00-16.00 Symposium of the CLOVERMED company with broadcast from the "Academy" clinic**

**Moderators: Kanzha E.A., Donetskaya S.V.**

- Threadlifting yesterday and today - REBOOT. Kanzha E.A.  
- Analysis of the thread correction of the lower third of the face, taking into account the vectority of ptosis of fat compartments. Banshchikov P.A.  
- Sculpture work with form and content. Minimally invasive possibilities in creating a V-contour. Craft liposuction and thread lifting for cosmetologists. The procedure with the broadcast from the clinic. Gaziullina O.R.

### **16.00-18.00 Symposium of the INNOVATION company**

16.00-16.20 Ivkin V.V., Nartya Yu.N. BioRePeelCl3: synergy of 6 acids and 6 combined methods. #instalook after 1 procedure.  
16.20-16.35 Fedorov A. A. Hydrolifting: more than biorevitalization. 3D stimulation of fibroblasts.  
16.35-16.50 Pavlenko O. Yu. Face reshaping: a gender-based approach to changing face shape with Yvoire fillers and Neoline threads.  
16.50-17.15 Fundaro S. We speak and show: favorites from dissection courses.  
17.15-17.30 Ibragimova D.M., Pavlenko O.Yu. Natural estetic porn: peeling, filling, exciting. A revolutionary approach to intimate rejuvenation.  
Workshop with broadcast:  
17.30-17.50 Ivkin V.V., Nartya Yu.N., Fedorov A.A. Instalook online: live broadcast of the combined techniques from the ACADEMY clinic  
17.50-18.00 **DRAWING!** 5 tickets for the International Authors Dissection Course will be raffled off among the participants of the symposium (the theory of face anatomy of I.E. Khrustaleva, Fundaro S., Pavlenko O. Yu.)

## **June 15, SATURDAY GREEN 9**

*Entrance with the badges of "Full Package" category*

### **8.30-10.00 Hardware methods in complex programs.**

**Moderators: Gaidash N.V., Bragina I.Yu.**

8.30-8.45 Basic principles of laser procedures in patients with endocrinopathy. Nekrasova S.V.  
8.45-9.00 Combined treatment of amateur tattoos on the background of vascular malformation. Ivanyuk O.A.  
9.00-9.15 An integrated approach to the treatment of post-acne scars. Syrityna D.Yu.  
9.15-9.30 The use of fractional CO2 laser in combined programs for the correction of involutive skin changes depending on the morphotype. Baranova E.L. (Premium Aesthetics)  
9.30-9.45 Fractional microneedle RF in combination with injection methods. Gubanova E.I. (ICG)  
9.45-10.00 Evolution of RF-technology. "Na Effect". Burmistrov K.A. (LNC)

### **10.00-11.30 Aesthetic medicine and visual arts: points of contact.**

**Moderator: Khrustaleva I.E.**

10.00-10.30 preliminary title: Beauty and Deformity Canons in Western and Eastern art. The historical perspective. Menshikova M.L.  
10.30-11.00 Beauty in a gentlemanly and in a feminine way. Khrustaleva I.E.  
11.00-11.30 Omorphoplasty. Kulikov A.V.

11.30-12.00 BREAK

### **12.00-13.30 Hardware methods in cosmetology**

**Moderators: Gaidash N.V., Bragina I.Yu.**

12.00-12.15 Lips. An integrated approach depending on the type of aging. Bragina I.Yu., Lysikova V.  
12.15-12.35 Technology of combined exposure to RF plus ultrasound. Skin lifting and volume reduction. Hoffman K. (BTL)  
12.35-12.55 LED therapy and photodynamic therapy. Basic research and application in cosmetology. Robert Glen Calderhead  
12.55-13.15 Combined methods of using fractional RF Infini and transdermal delivery of drugs using a thulium laser LaseMD (Lutronic). Robert Glen Calderhead (Bella Systech)  
13.15-13.30 Integration of PDT into complex protocols for the treatment of dermatoses. Indilva N.I.

13.30-14.00 BREAK

#### **14.00-16/10 Hardware methods: body**

**Moderators: Gaidash N.V., Bragina I.Yu.**

14.00-14.20 Are you ready to work blindly? The importance of real-time visualization to achieve the pronounced result of Ultherapy non-surgical SMAS-lifting. Author's correction protocols. Saromitskaya A.N. (MERZ)

14.20-14.40 Algorithms for the selection of hardware methods of body correction, depending on the patient's morphotype. Hoffman K.

14.40-14.55 The view of the endocrinologist on the choice of hardware technology, depending on the status of the patient. Palkova G.B.

14.55-15.10 Clinical experience of using hardware technologies. Gaidash N.V.

15.10-15.25 Review of cryotechnology. Bragina I.Yu.

15.25-15.40 The new word in cryolipolysis. Karamysheva A.A.

15.40-15.55 Contradiction of postpartum recovery: to whom, when, why. Silantyeva E.S.

15.55-16.10 Lasers with ultrashort pulse duration. Picosecond and nanosecond Qsw lasers. Technical analysis of opportunities. Alekseev N. (Academy of Scientific Beauty)

16.10-16.30 BREAK

#### **16.30-19.00 Hardware methods**

**Moderators: Gaidash N.V., Bragina I.Yu.**

16.30-16.45 Application of fractional needle RF technology in the treatment of primary axillary hyperhidrosis. Yurchenko I.A.

16.45-17.05 New technologies of vascular rejuvenation in phlebology. Rosukhovskiy D.A. (FriendlyLight)

17.05-17.20 Dynamic macrofocus ultrasound in working with unwanted fat deposits. Akhmedbaeva I.A.

17.20-17.40 Liquid dye laser (PDL 595nm) in daily dermatological practice as an alternative or integral component of traditional therapies. Eltes A.

17.40-18.00 Avant-garde classics of laser technologies - their collaboration in the framework of modern clinical protocols from Alma Lasers. Myslovich L.V. (NCB)

18.00-18.15 Laser methods in the treatment of rosacea. Kalashnikova N.G.

18.15-18.30 Possibilities of laser therapy in the correction of hyperpigmentation. Ikonnikova E.V. (Deka)

18.30-18.45 Targeted combination of hardware technologies and preparations for biorevitalization in complex programs of aesthetic correction. Smineteva A.S.

18.45-19.00 Discussion

**June 16, SUNDAY**

**BLUE 4-5**

*Entrance with the badges of "Full Package" category*

**8.00-10.30 Dissection master course:** live broadcast from the anatomical hall of the Department of Clinical Anatomy and Operative Surgery named after Professor M.G. Prives of Pavlov First Saint Petersburg State Medical University

**Moderators in the hall: Khrustaleva I.E., Asher B.**

**Dissection is performed by: S. Fundaro, Petrishin V.L., Khrustaleva G.M.**

10.30-10.40 Presentation of the IMCAS Academy project. Asher B.

10.40-11.00 Report on intravascular occlusions. Asher B.

11.00-11.30 Coffee break

#### **11.30-13.40 Session on dermatology.**

**Moderators: Araviyskaya E.R., Samtsov A.V.**

11.30-11.55 Special lecture: Cosmetology in the service of dermatology. Araviyskaya E.R.

11.55-12.15 Acne: New up-to-date information for professionals. Samtsov A.V.

12.15-12.35 Acne - features of the skin microstructure and external treatment strategies.  
Matushevskaya E.V.  
12.35-12.45 The role of cosmetic procedures in the management of patients with acne: modern look.  
Kirsanova L.V.  
12.45-13.05 Rosacea: some aspects of the diagnosis and management of patients. Bakulev A.V.  
13.05-13.25 Vitiligo: we remember the classics, we treat in novel ways. Araviyskaya E.R.  
13.25-13.45 Skin care as a science. Saibel A.V. (Mertz)  
13.45-14.00 Cytochemical rationale for the mechanism of action of sodium succinate in the skin. Kirova Yu.I. (Hyalual)

14.00-15.00 Lunch

### **15.00-17.45 INJECTION MASTER COURSE**

Live broadcast of the injection master class from the clinic "Academy" with a parallel broadcast from the anatomical hall of the Department of Clinical Anatomy and Operative Surgery named after Professor M.G. Prives of Pavlov First Saint Petersburg State Medical University

**Moderator in the hall: Khrustaleva I.E.**

15.00-15.40 Patients #1 and #2 - V. Redka-Svoboda / Razumovskaya E.A.  
15.40-16.20 Patients #3 and #4 - Dmitrieva I.P. / Carlo Di Gregorio  
16.20-17.00 Patients #5 and #6 - Bagnenko E.S. / Operator to be specified  
17.00-17.40 Patients #7 and #8 - Kanzha E.A. / Duo Fundaro S. and Pavlenko O. Yu. 17.40-17.45  
Questions and Answers

### **17.45-19.30 Complications in the practice of a cosmetologist**

**Moderator: Karpova E.I.**

17.45-18.15 Neuropathic disorders in aesthetic practice. Mingazova L.R., Karpova E.I.  
18.15-18.45 The choice of treatment tactics for patients with complications after contour correction of the lips. Danishchuk O.I., Karpova E.I.  
18.45-19.15 Differential diagnosis of gels in case of complications after the use of fillers. Karpova E.I., Danishchuk O.I.  
19.15-19.30 Complications of "injection face modeling" with the help of corticosteroids and direct lipolytics. Reznik A.V.

**June 16, SUNDAY  
GREEN 9**

*Free entry for all categories of badges*

### **15.00-17.20 When the patient is not quite healthy: cosmetology, somatics, comorbidity.**

**Moderators: Araviyskaya E.R., Bakulev A.L.**

15.00-15.25 Intestinal barrier as a potential object of age-related diseases. Shapiro I.Ya.  
15.25-15.45 Mimic wrinkles in terms of overall health. Orlova O.R.  
15.45-16.05 Comorbidity with psoriasis: new look at the patient and his treatment. Bakulev A.L.  
16.05-16.25 Acne associated co-morbidities: update for specialists. Araviyskaya E.R.  
16.25-16.45 Immunological aspects and etiopathogenetic mechanisms at the basis of the edema syndrome associated with atypical active mono and mixed herpes infection. Indilova N.  
16.45-17.00 The initial state of the connective tissue as a predictor of the development of autoimmune reactions to the injection of fillers. Goleschikhina I.N.  
17.00-17.15 Herpes. The main aspects of antiviral therapy. Herpes simplex - the problem and solutions.  
Herpes simplex: a look at the problem. Mikhailova T.L. (GlaxoSmithKline)  
17.15-17.20 Discussion

## **June 17, MONDAY**

### **BLUE 4**

*Entrance with the badges of "Full Package" category*

#### **8.30-10.30 Practice of botulinum therapy.**

**Moderators: Sardinova E.E., Razumovskaya E.A.**

8.30-8.45 Five ways to achieve maximum efficiency in the correction of the upper third of the face with botulinum toxins. Sokolova E.V. (Allergan)

8.45-9.00 The modern approach of "advanced botulinum therapy": the use of different dilutions, techniques and levels of administration. Aksenenko I. (MERTZ)

9.00-9.15 Myofascial pain syndrome of the face and head. Clinical case. Possible interactions of a neurologist, cosmetologist, plastic surgeon. Sokolova E.V.

9.15-9.30 Consequences of emotional stress. Correction in the practice of beautician. Satardinova E.E.

9.30-9.45 Use of botulinum neuroprotein in trichology. Effect on the scalp and hair. Good or bad? Clinical investigation. Ibatullina A.

9.45-10.00 Implementation of the clinical effect of BTA in aesthetic medicine and skin trigger points: mechanism, issues of pathogenesis and application prospects. Yusova Zh.

10.00-10.15 Prevention and correction of muscle compensation. Parsagashvili E.Z.

10.15-10.30 Clinical aspects of gingival smile correction. Razumovskaya E.A.

#### **10.30-11.30 Dialogues of masters about... Botulinum toxin.**

**Moderator: Gubanova E.I.**

**Participants: Orlova O.R., Redaelli A.**

#### **11.30-12.30 Panel discussion: "Collagen - stimulating drugs are discussed without emotion"**

**Moderator: Khrustaleva I.E.**

**Participants: Volkova A.R., Dmitrieva I.P., Ikonnikova E.V.**

11.30-11.40 Introductory lecture: "Collagen. What do we know about it?" Kalenova N.E.

Each panelist will submit a report reflecting:

- scientific evidence of the effectiveness and safety of the drug (the duration of clinical use, the number of scientific articles, research data);
- experience of personal use;
- indications for which the drug is the method of choice in personal experience of use;
- contraindications and situations in which it is better to refrain from using the product
- complications: prevention and management.

12.30-13.00 Coffee break

#### **13.00-15.00 Thread technologies plus. Part 1**

**Moderators: Gruzdev D.A., Kanzha E.A.**

13.00-13.15 Counterargument of gravity. The author's method of spacethread. Secrets of successful threadlifting. Kanzha E.A. (Clovermed)

13.15-13.30 Expanding the boundaries of cosmetology: from the reinforcement of the mesothreads to the thread therapy. Drainage of tissues as one of the ways to eliminate the "fat traps" of the face and body. Panteleev R.M. (SNA BEAUTY)

13.30-13.45 New concept of anti-age threadlifting from the Meditronic company. Layer-by-layer thread modeling of the face with PDO-mesonites of various modifications.. Dr. Lee Churl-Won (MEDEX)

13.45-14.00 Image Modeling and face types. Ovchinnikova D.V.

14.00-14.15 Prevention and treatment of complications. Kodyakov A. A.

14.15-14.30 Liporeduction - new possibilities of a cosmetologist in work with the deformation morphotype of aging. The author's method of combined use of thread lifting with minimally invasive liposuction in one procedure. Gaziullina O.R. (CLOVERMED)

14.30-14.45 Necessary knowledge in working with medical documents. Lystsov M.G.

14.45-15.00 Lifting techniques with threads of Spring Thread in Image Face modeling. Gruzdev D.A. (Clovermed)

15.00-16.00 Lunch

**16.00-18.00 Thread technologies plus. Part 2.**

**Moderators: Banizh O.N., Kobaladze N.**

16.00-16.15 The history of the development of thread technologies, types of threads, indications and efficiency. Banizhe O.N.

16.15-16.30 Detailed video protocols of body correction with polylactic acid based threads. Zhukova O.G.

16.30-16.50 Topic to be specified.

16.50-17.05 Analysis and correction of undesirable phenomena of thread rejuvenation methods. Kobaladze N.K.

17.05-17.20 PDO threads technology and efficiency. Belyakova E.V.

17.20-17.35 Sharing threads and preparations of hyaluronic acid and botulinum toxin. Ignatieva I.V., Makeenko N.V.

17.35-17.50 Current aspects of thread reinforcement and thread lifting in the prevention and correction of age-related facial changes. Griбанov I. I.

17.50-18.00 Questions and Answers. Discussion.

**June 17, MONDAY**

**Hall BLUE 5**

*Entrance with the badges of "Full Package" category*

**8.30-9.20 Complications in the practice of a cosmetologist**

**Moderators: Khrustaleva I.E.**

8.30-8.45 Complications of “injection face modeling” with the help of corticosteroids and direct lipolytics. Reznik A.V.

8.45-9.00 Embolism for superficial injections: is it possible? Clinical follow up. Glazunova A.A.

9.00-9.20 Differential approach to the treatment of post-infectious complications. Analysis of clinical cases. Pavlenko O.Yu.

**9.20-10.30. Panel discussion: “Hot topic: “fancy lips???”**

**Moderator: Khrustaleva I.E.**

**10.30-12.30 Injection technologies - from theory to practice. Part 1.**

**Moderators to be specified.**

10.30-10.50 Morphological aspects of the use of polylactic acid based fillers. Pervykh S.L. (Neroli)

10.50-11.10 Effective combinations in the practice of a cosmetologist. Saibel A.V. (Mertz)

11.10-11.30 Secondary correction in the periorbital region. Treatment of delayed adverse events and re-augmentation. Sharova Anastasia (Nicole)

11.30-11.50 FEMEGYL fillers. Scientific approach to rejuvenation. Clinical rationale and advantage. Kostkina E.A. (Diarcy)

11.50-12.10 Factors Affecting Pain Relief. Kluychareva S.V. (Akrikhin)

12.10-12.30 Integrated patient management approach. Integrated care: invasive procedures in combination with SkinCeuticals professional products. Razumovskaya E.A. (SkinCeuticals)

12.30-13.00 Coffee break

**13.00-15.00 Injection technology - from theory to practice. Part 2.**

**Moderators: Khrustaleva I.E.**

13.00-13.20 Profhilo - Hybrid complexes of hyaluronan - new frontiers of cell reactivation. Rebrova O.M. (Maruga)

13.20-13.40 Injection rhinoplasty. Muti G.

13.40-14.00 RG point - Author's method of creating a natural image with contour correction. Less for More — creating a natural volume in the middle third of the face using 1 point of injection. Redka-Svoboda V.

14.00-14.20 Face lift illusion using NASHA Technology of GALDERMA Portfolio. K. Di Grigorio (Galderma)

14.20-14.40 Contour correction of the temporal region. Where is that safe zone? Pavlenko O.Yu.

14.40-15.00 Effective combinations in the practice of a cosmetologist. Saibel A.V. (Merz)

15.00-16.00 Lunch

### **16.00-18.00 Injection technologies - from theory to practice. Part 3**

**Moderators: Bagnenko E.S., Dmitrieva I.P.**

16.00-16.10 Multilevel correction of the temporal and infraorbital zones with the use of HA preparations in various modifications. Achieving results in one procedure. Algorithms for the injection of IAL-System ACP and IAL-System DUO drugs. Kamelina L. (PHYTOGEN)

16.10-16.20 Skin under stress: how to help? Rusova M.V. (PHYTOGEN)

16.20-16.40 Natural touch standard. A combination of non-surgical methods for rejuvenating: softfilling and threadlifting. How to preserve the naturalness and individuality of your patient. Kanzha E.A. (Academy of Aesthetics)

16.40-17.00 Innovative technologies in contour plastics: theoretical and practical aspects of using NEAUVIA Organic Yusova Z.Yu. (Neauvia)

17.00-17.20 Experience with the use of the Hyalual drug in the treatment of post-inflammatory hyperpigmentation. Schmidt E.A. (Hyalual)

17.20-17.40 Volumizing and devolysis botulinum therapy - advanced protocols. Kobaladze N.K.

17.40-18.00 Retrobulbar injection of hyaluronidase view from the ophthalmologist. Dzharulla-zade I.Ch.

## **June 17, MONDAY GREEN 9**

*Free entry for all categories of badges*

### **10.30-12.00 About trichology - exciting things**

**Moderator: Silyuk T.V.**

10.30-10.40 Specialized diagnostic methods in the arsenal of trichologist. Silyuk T.V.

10.40-10.50 Does alopecia happen from seborrheic dermatitis? Silyuk T.V.

10.50-11.10 The three most common non-scar alopecia with which patients will come to you. Goncharenko N.N.

11.10-11.30 The use of a complex preparation based on hyaluronic acid and sodium succinate in patients with various forms of alopecia. Stakhurlova V.V. (Hyalual)

11.30-11.45 Cicatricial alopecia - “emergency conditions” in dermatocosmetology. Goncharenko N.N.

11.45-11.55 Hair transplantation - my answers to questions from colleagues and patients. Silyuk T.V.

11.55-12.00 Questions and Answers